

# Understanding the TSGLI Loss of Activities of Daily Living Standards

## TSGLI ADL Standards for Continence

*Please note the following examples are for illustrative purposes only and are not intended to be all inclusive.*

### Continence

- To meet the ADL standard for Continence, you must:
  - If you have a colostomy bag or catheter – require the assistance of another person to change and manage your colostomy bag, or catheter.
  - If you do not have a colostomy bag or catheter – Do not have complete control over your bowel and/or bladder functions.

### Continence Examples

- **Unable** to Maintain Continence Independently
  - you have a catheter/colostomy bag and are unable to change and clean it, and dispose of waste.
  - You soil your underwear with urine or feces on a daily basis.
- **Able** to Maintain Continence Independently
  - you have a catheter/colostomy bag and are able to change and clean it, and dispose of waste.
  - You have urinary leakage once a week in your underwear.